



# FOOD FOR THE POOR

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## The Difference You Make Advocates for World Health



**Guatemala**

## Guatemala

The largest country in Central America, Guatemala is home to more than 15 million people. An estimated 59.3 percent of Guatemalans live below the poverty line. A sad result of this widespread poverty is that Guatemala has one of the highest rates of chronic child malnutrition in the world.

Less than half of all rural Guatemalans have access to running water, only a quarter have access to electricity and only about 1 in 10 have access to modern sanitation facilities. Guatemala's severe food insecurity and lack of accessible, affordable medical care has led to high infant, child and maternal mortality rates.

### Liga Nacional Contra el Cancer (National League Against Cancer)

There are so many people in need of durable medical equipment, especially in the countries that we help. While these items are considered essentials to many, they are seen as luxuries in the countries that we serve.

Vital to the many people whose mobility depend on walkers, wheelchairs and more, these items are a true blessing to those lucky enough to receive one.

The National League Against Cancer (INCAN) in Guatemala was founded in 1953 and its financing comes from three sources: donations, charges from individuals with payment capacity and allocation from the Ministry of Public Health.

INCAN was one of the beneficiaries to receive a donation of medical supplies and equipment made possible by Food For The Poor's generous donor **Advocates for World Health** and distributed by our in-country partner Caritas Arquidiocesana.

Below are just a few of the many grateful recipients who received a blessing of medical equipment and supplies.

Ana Elizabeth, the young woman in the cover photograph, could not have been more grateful for receiving the walker that has helped alleviate her excruciating back pain.

"I am very grateful to Caritas Arquidiocesana [and its donor, **Advocates for World Health**], for the donation of a walker, since it will be a great blessing and helps me to be able to walk," Ana Elizabeth said.

“I thank God that there are good people and for having blessed me with each one of you,” she exclaimed.



Doña Olga was very excited about the transfer chair she was provided, since her mobility is quite limited, and this is exactly what she needed for her daily living activities.

“I am a patient who does not have easy transportation to attend my medical appointments,” Olga explained.

“I have a spinal fracture that makes it impossible for me to walk, my vision is blurred, and the pain of the many diagnostic tests has aggravated my condition.

“I am grateful to Caritas [and the donor, **Advocates for World Health**] for such a noble donation of a transport chair, which is of great help to me and my family.”



Doña Felipa is another recipient of a blessing of medical equipment. Our in-country partner tells us that she suffers a lot from her illness, and it is difficult for her to move, which contributes to making her daily tasks such as bathing and grooming, very difficult.

The bath chair will provide her with comfort, security and relief, so that bathing is something that she can perform with ease and comfort.

“May God bless you for your support, hoping that this institution receives many more blessings,” Doña Felipa exclaimed.

“We are infinitely grateful to Caritas [and its donor, **Advocates for World Health**] for the help it is giving us and which will be of benefit to me and to my daughter, who is my

caretaker.”



Esmeralda is in severe pain from her illness. She received Arnicare Cream, which is sure to bring her great relief.

Esmeralda was told that the Arnicare will help to relieve muscle pain, stiffness and swelling.

“I really appreciate the human interest and the concern for the pain of others,” Esmeralda said. “I know that God will reward you for every act of generosity.

“God bless you all, for everything that you do to help us during this time of great need.”

## Food For The Poor

Food For The Poor, one of the largest international relief and development organizations in the nation, does much more than feed millions of the hungry children and families living in poverty primarily in 17 countries of the Caribbean and Latin America. This interdenominational Christian ministry provides emergency relief assistance, clean water, medicine, educational materials, homes, support for vulnerable children, care for the aged, skills training and micro-enterprise development assistance. For more information, please visit [www.FoodForThePoor.org](http://www.FoodForThePoor.org).